



# Dance/Theatre Classes by Age

Dancers must meet their respective levels' age requirements by August 31, 2025. Adhering to these cutoff ages ensures that dancers can maximize the benefits of their training. Being in the proper age division & level allows dancers to progress at a pace that is both challenging & safe for their physical & emotional development. It fosters a supportive environment where dancers thrive, build foundational skills & safely master more advanced techniques. Pushing students into levels or age divisions they're not ready for can be detrimental. Physically, it may lead to overexertion & an increased risk of injury as they attempt movements beyond their current abilities. Emotionally, it can erode confidence & enjoyment, as students may struggle to keep up with peers or feel inadequate. By respecting age cutoffs & skill levels, dance education can remain safe & fun for all students.

## Wiggles & Giggles (18ms-2.5)

Wiggles & Giggles Sunday, 11:00-11:30 am  
Wiggles & Giggles Monday, 4:00-4:30  
Wiggles & Giggles Tuesday, 9:30-10:00 am  
Wiggles & Giggles Wednesday, 10:45-11:15 am  
Wiggles & Giggles Thursday, 5:00-5:30  
Wiggles & Giggles Friday, 4:30-5:00  
Wiggles & Giggles Saturday, 9:15-9:45 am

## Tu Tu Cute (2.5-3)

Tu Tu Cute Sunday, 11:30-12:00  
Tu Tu Cute Monday, 4:30-5:00  
Tu Tu Cute Tuesday, 10:00-10:30 am  
Tu Tu Cute Wednesday, 11:15-11:45 am  
Tu Tu Cute Thursday, 5:30-6:00  
Tu Tu Cute Friday, 5:00-5:30 am  
Tu Tu Cute Saturday, 9:45-10:15

## Magic Movers (ages 3-4)

Magic Movers Sunday, 12:00-12:45  
Magic Movers Monday PM, 5:00-5:45  
Magic Movers Tuesday AM, 10:30-11:15  
Magic Movers Tuesday PM, 4:30-5:15  
Magic Movers Wednesday AM, 10:00-10:45  
Magic Movers Wednesday PM, 5:00-5:45  
Magic Movers Thursday PM, 6:00-6:45  
Magic Movers Friday, 5:30-6:15  
Magic Movers Saturday, 10:15-11:00 am

## Go Go Groovers (ages 5-6)

Go Go Groovers Sunday, 12:45-1:30  
Go Go Groovers Monday, 5:45-6:30  
Go Go Groovers Tuesday, 5:15-6:00  
Go Go Groovers Wednesday, 5:45-6:30  
Go Go Groovers Friday, 6:15-7:00  
Go Go Groovers Saturday, 11:00-11:45 am

## Club FUNdamentals (ages 6-8)

Heart & Soul (Ballet/Modern)	Monday 5:00-6:00
Heart & Soul (Ballet/Modern)	Friday 5:00-6:00
Sass Attack (Pom/Jazz)	Monday 6:00-7:00
Hip Hop Flip Flop (Hip Hop/Acro)	Tuesday 6:00-7:00
Hip Hop Flip Flop (Hip Hop/Acro)	Friday 6:00-7:00
Shuffle & Shine (Jazz/Tap)	Tuesday 5:00-6:00
Razzle Dazzle (Broadway/Tap)	Thursday 5:00-6:00

## Mini (ages 8-9)

Jazz Mini I (8-9) Monday, 7:30-8:30  
Jazz Mini II (8-9) Wednesday, 6:30-7:30  
Acro Mini (8-9) Tuesday, 5:00-6:00  
Tap Mini (8-9) Tuesday, 6:00-7:00  
Ballet Mini (8-9) Saturday, 10:45-11:45 am  
Ballet I (9-11) Thursday, 5:00-6:00  
Move Crew Mini (8-9) Wednesday, 5:00-6:00  
Modern Mini (8-9) Monday, 6:30-7:30

## Petite (ages 10-11)

Jazz Petite I (10-11) Wednesday, 5:00-6:00  
Jazz Petite II (10-11) Saturday, 11:30-12:30  
Acro Petite (10-11) Saturday, 10:30-11:30 am  
Tap Petite (10-11) Tuesday, 7:00-8:00  
Ballet I (9-11) Thursday, 5:00-6:00  
Ballet Petite (10-11) Monday, 7:00-8:00  
Ballet II (10-13) Saturday, 11:45-1:00  
Move Crew Petite (9-11) Wednesday, 6:00-7:00  
Modern Petite (10-11) Thursday, 6:00-7:00  
Cirque Petite/Jr (10-13) Tuesday, 6:00-7:00  
Pom Mini/Petite (8-11) Friday, 5:00-6:00

### Juniors (ages 12-13)

Jazz Jr (12-13) Wednesday, 6:00-7:00  
Acro Jr (12-13) Tuesday, 7:00-8:00  
Tap Jr (11-14) Thursday, 7:30-8:30  
Ballet II (10-13) Saturday, 11:45-1:00  
Ballet Junior (11-12) Thursday, 6:30-7:45  
Ballet III (11-13) Tuesday, 4:45-6:15  
Beginner Pointe (by invitation) Tuesday, 6:15-7:00  
Move Crew Jr (12-13) Monday, 6:00-7:00  
Modern Jr (12-13) Monday, 5:00-6:00  
Cirque Petite/Jr (10-13) Tuesday, 6:00-7:00

### Teen (ages 14-15)

Jazz Teen I (14-15) Wednesday, 8:00-9:00  
Jazz Teen II (14-15) Wednesday, 8:00-9:00  
Acro Teen/Sr (14+) Tuesday, 8:00-9:00  
Tap Teen (14-15) Wednesday, 6:00-7:00  
Ballet III (11-13) Tuesday, 4:45-6:15  
Ballet Teen (13+) Thursday, 5:00-6:30  
Ballet IV (13-15) Saturday, 8:30-10:00 am  
Beginner Pointe (by invitation) Tuesday, 6:15-7:00  
Int Pointe (by invitation) Saturday 10:00-10:45 am  
Int/Adv Pointe (by invitation) Monday, 6:15-7:00  
Move Crew Teen (14-15) Monday, 7:00-8:00  
Modern Teen (14-15) Tuesday, 7:00-8:00  
Pom Junior/Teen (12-14) Friday, 6:00-7:00

### Senior (Ages 15-18)

Jazz Senior (16+) Tuesday, 7:00-8:00  
Acro Teen/Sr (14+) Tuesday, 8:00-9:00  
Tap Senior (16+) Wednesday, 8:00-9:00  
Ballet Senior (by invitation) Monday, 4:45-6:15  
Ballet IV (13-15) Saturday, 8:30-10:00 am  
Int Pointe (by invitation) Saturday 10:00-10:45 am  
Int/Adv Pointe (by invitation) Monday, 6:15-7:00  
Move Crew Senior (16+) Wednesday, 8:00-9:00  
Modern Senior (16+) Monday, 7:00-8:00  
College Prep (ages 15+) Thursday, 6:30-7:30  
Cirque Teen/Sr (14+) Tuesday, 8:00-9:00

### Adult Classes (19+)

Adult Ballet I (19+) Monday, 8:00-9:00  
Adult Ballet II (19+) Tuesday, 8:00-9:00  
Senior Ballet (55+) Tuesday, 10:00-11:00 am  
Adult Heels (19+) Wednesday 7:00-8:00 pm  
Adult Tap (19+) Wednesday, 8:00-9:00  
Adult Heels (19+) Wednesday, 7:00-8:00  
Senior Tap (55+) Thursday, 10:00-11:00 am  
Adult Jazz (19+) Thursday, 8:00-9:00

## **Rising Stars Theatre Program**

### Early Childhood

Once Upon a Stage (ages 4-7) Wednesday 5:00-5:45

### Mini (ages 6-8)

Improv Mini, Wednesday 6:00-7:00  
Acting Essentials Mini, Thursday 6:00-7:00

### Junior (ages 9-11)

Broadway Moves Junior, Monday 7:00-8:00  
Audition Bootcamp Junior, Monday 8:00-9:00  
Theatre Voice Junior, Tuesday 5:00-6:00  
Improv Junior, Wednesday 7:00-8:00  
Acting Essentials Junior, Saturday 11:00-12:00

### Senior (12+)

Improv Senior, Monday 6:00-7:00  
Acting Essentials Senior, Wednesday 8:00-9:00  
Theatre Voice Senior, Thursday 7:00-8:00  
Broadway Moves Senior, Thursday 8:00-9:00

### Adult (19+)

Adult Broadway Moves, Tuesday 8:00-9:00  
Adult Acting & Voice, Saturday 10:00-11:00